

THE SHOPPING LIST

GROCERY BAG: GRILLING DINNERS

PRODUCE

- 1 cucumber
- 1 celery stalk
- 1 bunch dill
- 2 lemons
- 6 plum tomatoes
- 1 small garlic clove
- 8 ounces red new potatoes
- 2 ears corn
- 1 bunch scallions
- 1 bag (5 ounces) baby spinach
- 1 avocado
- 2 medium red bell peppers
- 1 piece fresh ginger
- 1 lime
- 1 small red onion

MEAT/POULTRY/FISH

- 1 package cut-up whole chicken (about 3 pounds), 8 pieces
- 1 pound skinless cod fillet
- 8 ounces frozen uncooked medium shrimp (peeled and deveined)
- 1 pork tenderloin (1 pound)
- 4 precooked bratwurst sausages (3 ounces each)

DAIRY

- 1/4 cup reduced-fat sour cream
- 1 log (5 ounces) soft goat cheese
- Butter

MISCELLANEOUS

- 6 hard rolls
- 1 can (14 ounces) sauerkraut
- 1 can pineapple chunks in juice
- 1 pound store-bought pizza dough, fresh or frozen
- 1/2 teaspoon caraway seeds
- Potato chips

PANTRY STAPLES

- Olive oil
- Elbow macaroni
- Coarse salt and ground pepper
- Light mayonnaise
- All-purpose flour
- Red-wine vinegar
- Vegetable oil
- Long-grain white rice
- Sugar
- Honey
- Spicy brown mustard
- Bread-and-butter pickles