1. Print the bird patterns. Using a photocopier, enlarge the bird patterns of your choice to the desired size.

2. Place your fabric right side up, and top with transfer paper. You’ll need white transfer paper for dark fabric, and dark paper for light fabric (available at sewing stores). Place the bird pattern on top of transfer paper.

3. Trace along the lines of the pattern with a ball-point pen; the pressure will transfer the paper’s ink onto the fabric. Alternatively, if you are using sheer fabric, place it on top of the pattern, and trace the image directly onto the fabric with a transfer pen.

4. Stitch design onto fabric using the chain stitch. Secure fabric in an embroidery hoop, and bring needle threaded with one strand of embroidery floss through fabric from wrong side to right side, coming out at the point marked 1. Making a 1/16-inch loop, insert next to 1. Come out again at 2, holding thread under needle as you pull tight. Insert needle again next to 2, (inside the new link), and continue along pattern. To finish, knot in back.

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cardinal
Illinois, Indiana, Kentucky, North Carolina, Ohio, Virginia, West Virginia

black-capped chickadee
Maine, Massachusetts
eastern bluebird
Missouri, New York

hermit thrush
Vermont

mountain bluebird
Idaho, Nevada

yellowhammer
Alabama
ruffed grouse  
Pennsylvania

lark bunting  
Colorado

scissor-tailed flycatcher  
Oklahoma

common loon  
Minnesota
purple finch
New Hampshire

wood thrush
Washington, D.C.

Baltimore oriole
Maryland

mockingbird
Arkansas, Florida, Mississippi, Tennessee, Texas
Carolina wren  
South Carolina

brown pelican  
Louisiana

Rhode Island red  
Rhode Island

California gull  
Utah
Willow Ptarmigan
Alaska

Ring-Necked Pheasant
South Dakota

Western Meadowlark
Kansas, Montana, Nebraska, North Dakota, Oregon, Wyoming

Cactus Wren
Arizona
blue hen chicken
Delaware

California quail
California

American goldfinch
Iowa, New Jersey, Washington

brown thrasher
Georgia
American robin
Connecticut, Michigan, Wisconsin

roadrunner
New Mexico

nene
Hawaii