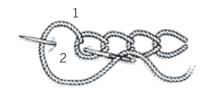
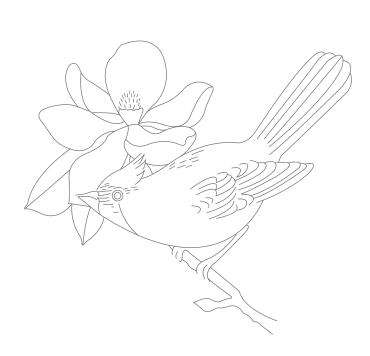
- 1. Print the bird patterns. Using a photocopier, enlarge the bird patterns of your choice to the desired size.
- 2. Place your fabric right side up, and top with transfer paper. You'll need white transfer paper for dark fabric, and dark paper for light fabric (available at sewing stores). Place the bird pattern on top of transfer paper.
- 3. Trace along the lines of the pattern with a ball-point pen; the pressure will transfer the paper's ink onto the fabric. Alternatively, if you are using sheer fabric, place it on top of the pattern, and trace the image directly onto the fabric with a transfer pen.
- 4. Stitch design onto fabric using the chain stitch. Secure fabric in an embroidery hoop, and bring needle threaded with one strand of embroidery floss through fabric from wrong side to right side, coming out at the point marked 1. Making a 1/16-inch loop, insert next to 1. Come out again at 2, holding thread under needle as you pull tight. Insert needle again next to 2, (inside the new link), and continue along pattern. To finish, knot in back.

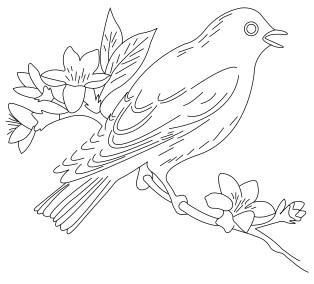




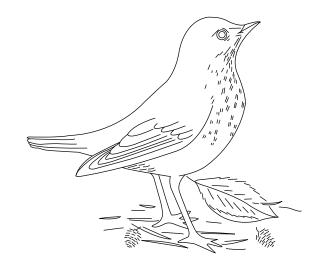
cardinal
Illinois, Indiana, Kentucky, North Carolina,
Ohio, Virginia, West Virginia



black-capped chickadee Maine, Massachusetts



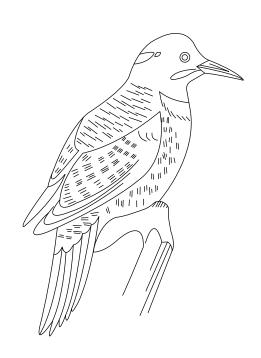
eastern bluebird Missouri, New York



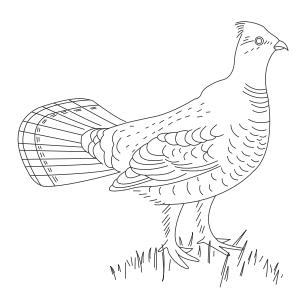
hermit thrush Vermont



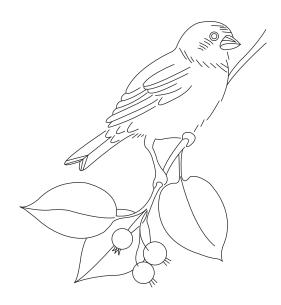
mountain bluebird
Idaho, Nevada



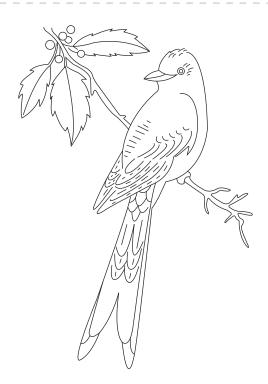
yellowhammer Alabama



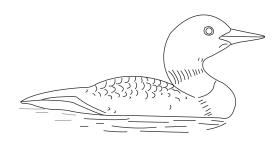
ruffed grouse Pennsylvania



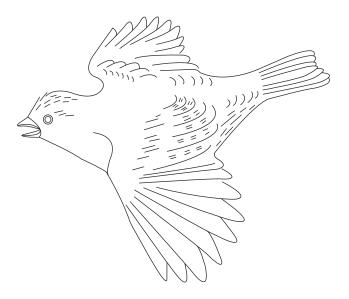
lark bunting Colorado



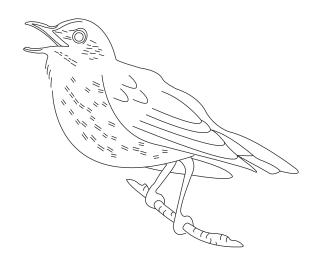
scissor-tailed flycatcher Oklahoma



common loon Minnesota



purple finch New Hampshire

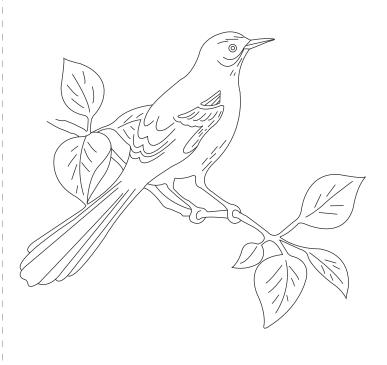


wood thrush Washington, D.C.



Baltimore oriole

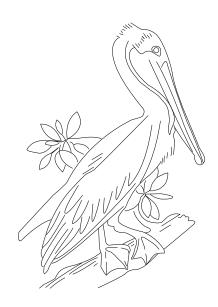
Maryland



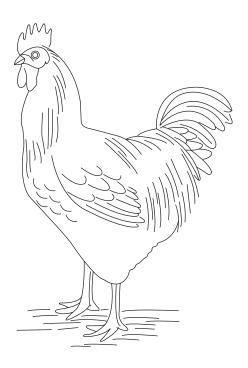
mockingbird Arkansas, Florida, Mississippi, Tennessee, Texas



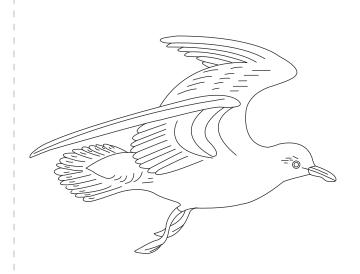
Carolina wren South Carolina



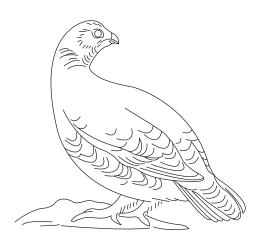
brown pelican Louisiana



Rhode Island red
Rhode Island

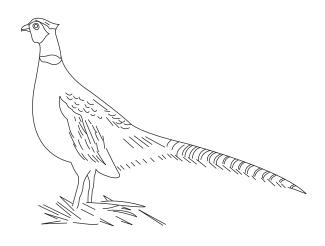


California gull Utah

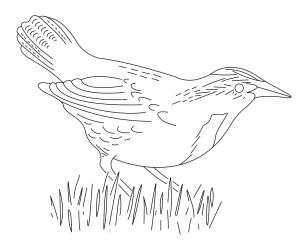


willow ptarmigan

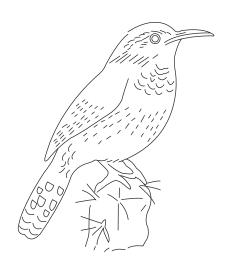
Alaska



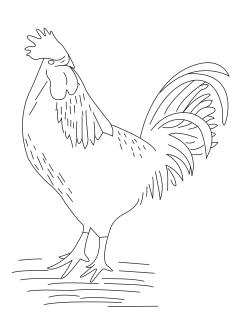
ring-necked pheasant South Dakota



western meadowlark Kansas, Montana, Nebraska, North Dakota, Oregon, Wyoming

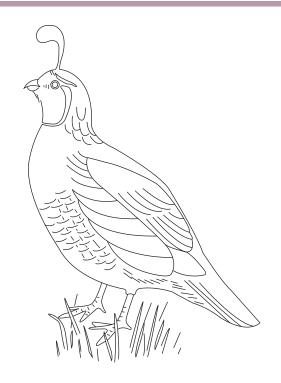


cactus wren Arizona

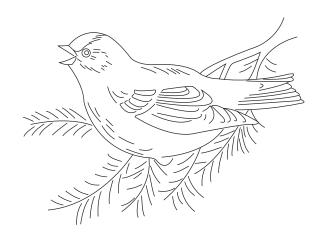


blue hen chicken

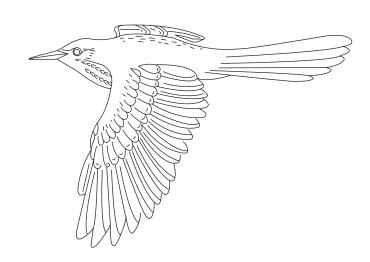
Delaware



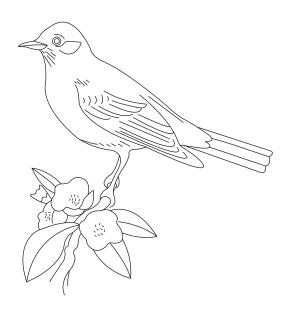
California quail
California



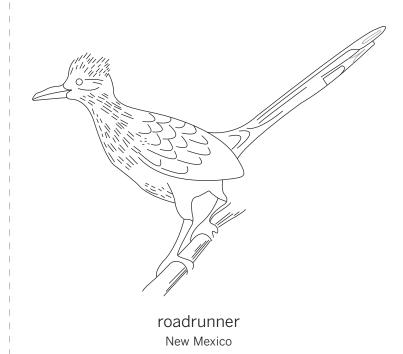
American goldfinch lowa, New Jersey, Washington

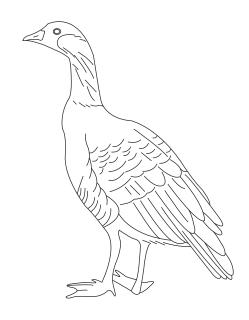


brown thrasher Georgia



American robin Connecticut, Michigan, Wisconsin





nene Hawaii