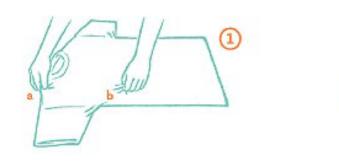
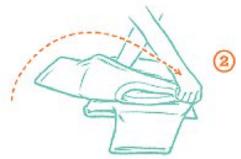
from "The Martha Stewart Show" | www.marthastewart.com/how-to-fold-a-t-shirt

## HOW TO FOLD A T-SHIRT

Lay the T-shirt horizontally and faceup in front of you with the neck on the right-hand side.





- Using both hands, pinch the shirt on the side opposite you at two points:
  (a) with one hand at the shoulder, midway between the sleeve and the neck and (b) with the other, halfway down the shirt, parallel with your other hand.
- (2) While holding the two points, cross your right hand over your left, bringing the shoulder down to meet the shirt's bottom hem, and grab the hem.





- (3) Lift the shirt so that it hangs in front of you. Uncross your arms, without letting go of the shirt, and pull the fold taut as you do so.
- (4) Place the hanging sleeve on the work surface, and neatly drape the folded portion over it to finish.