

Checklists & Charts: The Shopping List—Grocery Bag: Quick Summer Meals

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PRODUCE

- 1 head garlic
- 1 shallot
- 3 pints grape tomatoes
- 2 zucchini
- 1 bunch each cilantro, basil, and parsley
- 1 English cucumber
- 1 bunch celery
- 1 jalapeno
- 3 bunches scallions
- 3 ears corn
- 5 ounces baby spinach
- 1 bunch asparagus
- 6 ounces snap peas
- 1 piece fresh ginger
- 1 pineapple
- 2 limes, 1 lemon

DAIRY

- 1/2 cup ricotta
- Parmesan
- 1 quart buttermilk
- 1 large egg

MEAT / POULTRY

- 4 bone-in pork chops (1 inch thick)
- 1 whole chicken (3 1/2 pounds)
- 1 bone-in, skin-on chicken breast
- 3/4 pound boneless New York strip steak

STAPLES

- oil: extra-virgin olive, vegetable
- vinegar: red-wine, rice
- soy sauce
- long-grain white rice
- yellow cornmeal
- all-purpose flour
- sugar
- baking powder

MISCELLANEOUS

- 8 lasagna noodles
- 5 slices white bread
- 1 cup barley

