

# THE SHOPPING LIST

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## STAPLES

- extra-virgin olive oil
- red-wine vinegar
- red-pepper flakes

## PRODUCE

- 2 pounds cremini or shiitake mushrooms
- 1 bunch thyme
- 1 bunch parsley
- 2 lemons
- 1 bunch arugula  
(12 ounces)
- 1 medium red onion
- 1 medium yellow onion
- 1 head garlic
- 1.5 pounds small red potatoes

## MISCELLANEOUS

- 1 loaf crusty white bread (8 ounces)
- 1 can (28 ounces) whole peeled tomatoes
- 1 pound orecchiette or other short pasta
- 1 bottle pale ale beer

## DAIRY

- 8 ounces ricotta
- 4 ounces Parmesan
- 3 large eggs

## MEAT/POULTRY/FISH

- 4 firm white-fleshed fish fillets, such as striped bass or cod (6 ounces each)
- 1 whole chicken (3.5 to 4 pounds)
- 4 slices bacon
- 1.5 pounds sweet Italian sausages